

Nonprofit Org. U.S. Postage **PAID** Moses Lake, WA Permit No. 61

amaritan Healthcare Foundation 801 E. Wheeler Road Moses Lake, WA

# the Samaritan

All of us, for each of you, every time. Together, inspiring healthy communities.



### n behalf of the Board of Commissioners, I am pleased to announce the restated mission and vision of Samaritan Healthcare: "All of us, for each of you, every time. Together, inspiring healthy communities." → After one year's input from employees, physicians and the community, it is wonderful that we settled on a mission statement— "All of us, for each of

## ALL OF US, TOGETHER Samaritan Healthcare reinvents its mission and vision

you, every time"—grounded in the work of our patientand family-centered care team. Congratulations to that team for their insight and inspiration. This mission, or purpose, reflects our peoples' values and the work environment we seek to build in our organization. This environment is one where we understand everyone to be our patient, whether within our facilities or in the community.

At Samaritan, we encourage going the extra mile to ensure an exceptional care experience. Our mission celebrates that our work has purpose, is meaningful and makes a difference.

We hope you find each word of our new vision statement—"Together, inspiring healthy communities"—to be challenging and inspirational. We want to continue to grow beyond our already important role

as a hospital and clinic organization. Samaritan is a vital community resource seeking to positively impact peoples' lives where they live and work, as well as when they require healing and care.

Together, our new mission and vision reflect an important commitment to our community and each other that we might only realize through efforts to excel in our work, individually and collectively. On behalf of our Board of Commissioners, we want to thank you for your willingness to accept the challenge of our mission and to embrace the broad scope of our new

Tom Thompson President and CEO Samaritan Healthcare



from our senior leadership on the back page.

THE SAMARITAN

SPRING 2015

### SAMARITAN HEALTH NEWS, VIEWS & TIPS

# Only the best Samaritan Healthcare's

fresh faces





At Samaritan Healthcare, we seek out a special type of employee—one who has the right education and experience, and one who has the compassion that our patients deserve and our industry requires. Read on to meet the five newest additions to our health care team.



## Becky DeMers, RN, chief quality officer

After obtaining her nursing degree from North Idaho College in Coeur d'Alene, Idaho, Becky DeMers received advanced degrees in nursing and business from the University of Phoenix in Phoenix, Arizona. Most recently, DeMers was employed with the Washington Hospital Association, where she was director of quality and performance improvement. DeMers also worked as an international consultant for hospital operations with Navigant Consulting. At Providence Sacred Heart Medical Center in Spokane, she served as the emergency department manager of a level II trauma center and emergency department.

DeMers has worked at the system level on leadership, quality and change initiatives. She worked with Voluntary Hospitals of America (VHA) to create a knowledge transfer platform to share best practices in process and protocols.

Originally from Coeur d'Alene, Idaho, DeMers has three adult children, one grandchild and another grandchild on the way. In her spare time, she enjoys outdoor activities, especially kayaking, hiking and horseback riding.



#### David Campbell, director of business development and physician recruitment

A resident of our community since the fall of 1963, David Campbell has worked for nonprofit organizations in Moses Lake for the past 20 years.

Campbell worked as executive director at Samaritan Healthcare Foundation and as community development coordinator at Samaritan Healthcare from July 1999 to March 2015. Prior to arriving at Samaritan Healthcare, he worked as executive director at United Way of Grant County and as foundation manager at Columbia Basin Foundation.

Campbell has been

active in several areas of community service, including the Rotary Club of Moses Lake, where he is a past president. He has served as a board member at the Grant County Emergency Food & Shelter Program, the Columbia Basin Domestic Violence Consortium, and the Family Services of Grant County (Head Start, Early Head Start).

Campbell and his wife, Jennifer, have five children and four grandchildren. All of the children and grandchildren live in Moses Lake. All of the children and three of the four grandchildren were born at Samaritan Hospital. In their spare time, Campbell and his wife enjoy traveling with friends and relatives.



#### Katie Bussard, RN, CNM, MSN, director of the Mother/Baby Unit

Katie Bussard is a registered nurse and certified nurse-midwife who now serves at Samaritan Healthcare as the director of the Mother/Baby Unit. After graduating from Winston-Salem State University in Winston-Salem, North Carolina, Bussard worked as a registered nurse for 11 years in a

variety of inpatient hospital departments.

After receiving her master's degree in nursemidwifery from Frontier Nursing University, Bussard worked as a certified nurse-midwife with the Indian Health Service in high-risk obstetrics on the Navajo reservation in Arizona. Most recently, Bussard worked in a hospital-based midwifery practice in rural Hawaii, while also serving as director of nursing for a critical access hospital. A life-long learner, she enjoys participating in and providing hands-on continuing education for nursing staff.



Bussard has special training in high-risk obstetrics, lactation, obstetric ultrasound, human trafficking and sexual assault forensics.

Originally from North Carolina, Bussard is married with four children. She enjoys spending time with friends and family, reading, hiking and gardening. Bussard is very excited to join the wonderful team of dedicated nurses, doctors and breastfeeding specialists at Samaritan Healthcare that serve the families of Grant County.



#### Kurtis Kuykendall, MBA, director of process management

Kurtis Kuykendall has over 18 years of health care experience and joins Samaritan after spending the last eight years at Arkansas Children's Hospital in Little Rock, Arkansas. After obtaining his MBA at Weber State University, Kuykendall earned his Lean Six Sigma Master Black Belt from Villanova University. He is also a graduate of the IHI (Institute for Healthcare Improvement) Patient Safety Executive Development Program.

Much of his career focus has been analyzing systems and utilizing improvement science methodologies to increase the operational and clinical efficiencies of large-scale organizations.

As a native Washingtonian, he's an avid outdoorsman who always dreamt of someday returning to the Northwest. Growing up, Kuykendall spent most of his summers fishing the Potholes. He also has passions for hiking, biking and skiing. He has coached travel baseball for the past five years and is married with two boys: a 12-year-old and an 8-year-old.

When asked to sum up his thoughts on moving his career and family to Moses Lake, he says, "I am excited to not only begin working at Samaritan but to jump right in as an active member of this community."



#### Jackie Britton, ARNP, Samaritan urgent care

Jackie Britton has been a nurse practitioner for six years. She spent the first four years of her career in a large family practice residency program primary care clinic working with the underserved population of Fort Collins, Colorado.

Her previous clinic is an extension of The University of Colorado Health, the largest health care organization in Colorado. She gained valuable experience managing chronic illnesses in a difficult patient population with very limited resources.

For the past two years, she has worked in the walk-in/urgent care clinic of the same residency program clinic. In the urgent care setting, she has had the opportunity to expand her clinical skills while maintaining the primary care experience.

#### **ED WILKINSON'S STORY**

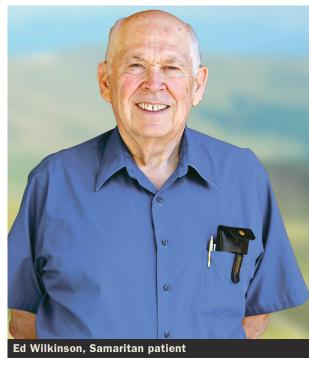
## CARING STAFF CHANGED PERSPECTIVE ON LOCAL CARE

**FOR ED WILKINSON**, it all started with a rash, an antibiotic and a serious reaction. Nothing was going quite right for Wilkinson when he began treatment for shingles. The medication he was given caused unexpected and severe nausea, unrelenting vomiting, and dehydration. After losing consciousness several times—the last of which caused him to fall and wrench a replaced knee—he knew it was time to call his doctor.

AN EMERGENCY SITUATION His doctor recommended he go to the emergency department or the walk-in clinic right away for rehydration. Wilkinson selected the hospital option, an ambulance was called and he arrived at Samaritan's emergency department. He spent nearly five hours being treated for dehydration. "While I was there, the emergency department was very busy," Wilkinson says, "But Mike, my nurse, was with me every step of the way, always making sure I was comfortable and cared for." Wilkinson was released with instructions to follow up with his primary care provider.

Despite the rehydration, Wilkinson's system was in such shock that an hour later he was back in the emergency room, this time with alarming gastrointestinal bleeding. From the emergency room, he was moved to a room on the second floor medical-surgical unit, where he stayed for the next five days. Wilkinson is very grateful for the way his medical care was coordinated. "When I was concerned about not having my heart medication, my nurse Jen monitored my vitals and worked closely with my doctor to find the right medication that I could take while my body was healing," he says.

**ATTENTIVE CARE** Wilkinson praised the staff that took care of him at Samaritan, from his attentive nurses—who realized his back and wrenched knee were bothering him



and kept him in ice and pain relief—to the dietary staff that delivered him delicious food, even when he wasn't hungry enough to properly appreciate it. He recalls the conscientiousness of the Environmental Services staff, appreciating their sensitive and courteous approach to keeping his room stocked and clean.

In the past, Wilkinson and his family have sought specialty care in Spokane, and he was wary of receiving care locally, not sure that Samaritan had the capabilities he felt were needed in his situation, despite encouragement from his daughter Kim, a registered nurse at Samaritan. After his stay, he says: "I have no reservations about the level of care I received. The staff at Samaritan has given me a completely different perspective going forward."

## TAKE 5 FOR YOUR HEALTH

**WHAT CAN YOU** do to get the best and safest health care possible? Take five.

No, that doesn't mean relax (although that's good for you too). It means taking five steps toward becoming a better advocate for your health.

People who are more involved in



their care tend to get better results, the Agency for Healthcare Research and Quality reports. Being an involved patient also can help you avoid problems such as dangerous drug interactions. So, consider taking these steps:

**1** Speak up. Ask your doctor any questions you have about symptoms, medicines, tests or treatments. Your physician should provide clear, honest answers.

**2 Monitor your medications.** Prescribed drugs can be dangerous when combined with certain other drugs, foods, herbal remedies or over-the-counter medicines.

To guard against such problems, show your doctor a list of all the medicines, vitamins and herbal products you use. **3 Get results.** If your doctor orders medical tests, be sure you learn the findings and what they mean to your health. Call if you don't hear back from your doctor or the lab when expected.

**4 Be sure.** If your physician recommends a particular medicine or surgical procedure, make sure you know why. Ask if you have other options. What are the benefits and drawbacks of the treatment? Are there risks?

If you still aren't sure how to proceed, it may be appropriate to request a second opinion from another doctor.

If you go through with a treatment, make sure everyone taking care of you knows important facts about your health, such as any allergies you have to medicines.

**5 Follow up.** Care doesn't end once you leave a doctor's office or hospital. Call your doctor if:

- Symptoms get worse.
- Medicines cause side effects.
- You develop complications while recovering from a procedure.

## WRITE Program student and Moses Lake native wants to 'give back'



Kameron Firouzi, third-year medical student, University of Washington

Kameron Firouzi is a third-year medical student at the University of Washington School of Medicine. As part of his studies and participation in the TRUST program, he will be spending half of his third year in Moses Lake. He is excited to be here and looking forward to the opportunity to learn from his preceptors and teachers in Moses Lake.

Firouzi is a Moses Lake native and a graduate of

Moses Lake Christian Academy. He has two younger sisters, who mean the world to him, and he especially looks forward to his visits home to spend time with his family—particularly his dad, who he considers his role model. Firouzi majored in physiology at the University of Washington. He married Ashley, his high school sweetheart and the love of his life, three summers ago. They have two dogs, a Westie and a springer spaniel, that keep them very busy. Firouzi enjoys hunting, basketball, golf and football and is a die-hard Denver Broncos fan—he hasn't missed a televised game since 1998!

His passion for medicine came from growing up in Moses Lake and wanting to one day give back to a community that has given him so much.

#### University of Washington Medicine WRITE (WWAMI Rural Integrated Training Experience) Program

The WRITE program is an 18- to 22-week clerkship experience for third-year medical students from the University of Washington School of Medicine. These students have applied and been selected by the university to spend the second half of their third year in a rural practice. Prior to beginning the WRITE program, they have typically completed extensive training: six weeks of OB-GYN, six weeks of surgery, six weeks of internal medicine, three weeks of pediatrics and three weeks of psychiatry. During the WRITE clerkship, they will receive training in family medicine as well as additional training in chronic care, pediatrics, internal medicine and psychiatry.

#### **Co-Preceptors**

■ Hollie Matthews, MD
WRITE co-preceptor
Samaritan Healthcare
793-9780
1550 S. Pioneer Way, Suite 150
Moses Lake

■ Dennis Kearns, MD
WRITE co-preceptor
Confluence Health–Moses Lake Clinic
764-6400
840 E. Hill St.
Moses Lake

### WWW.SAMARITANHEALTHCARE.COM

## UP CLOSE AND PERSONAL

Check your skin for signs of cancer

**A LITTLE WATCHFULNESS** on your part could make a big difference when it comes to the threat of skin cancer.

When it's found before it has a chance to spread, skin cancer can be relatively easy to treat.

That's why checking your skin routinely—once a month is recommended—is such an important health habit. Knowing the pattern of your moles, blemishes, freckles or other marks on your skin can help you readily spot any changes.

And by reporting those changes to your doctor right away, you can help ensure that you catch cancer in its earliest, most treatable stages. That's especially key with melanoma—a particularly dangerous form of skin cancer that can invade nearby tissues and spread to other parts of the body, such as the lungs, liver or brain.

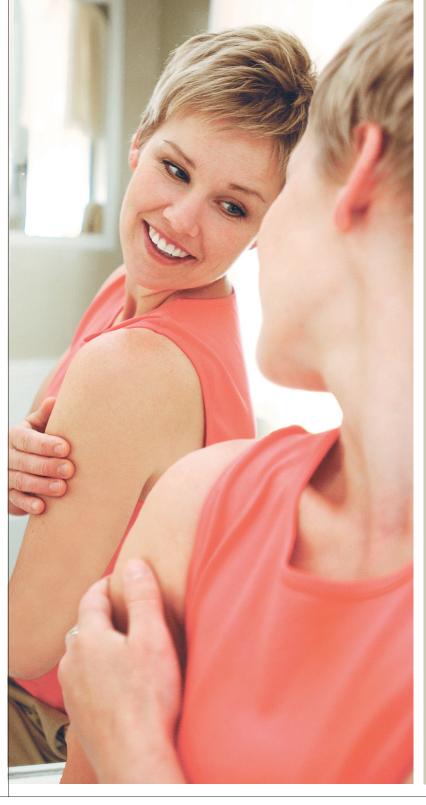
**WHAT TO LOOK FOR** Watch for anything that's new or changing, such as a new mole or blemish or a change in the size, shape, or color of a skin spot or mole, reports the American Cancer Society.

Also be alert to any mole that is painful or that starts to itch, bleed or ooze.

Sometimes, a mountain does start as a molehill—or rather, a mole. Contact your doctor as soon as you notice abnormalities.

Examine your entire body, from head to toe and front to back, in a well-lit room and in front of a full-length mirror. Use a hand-held mirror to view areas that are hard to see, such as your scalp or the backs of your thighs.

If you do find something that's suspicious, play it safe and have your doctor take a look.



#### **BE ALERT TO THE**

## LETTER

When checking a mole, remember the ABCDE guide to the signs of melanoma.



ASYMMETRY. One half of the mole doesn't match the other.



BORDERS. Its edges are irregular, ragged or blurred.



color. There may be more than one color, such as tan, brown, black, white, red or blue.



DIAMETER. It's larger than a pencil eraser or is growing.



**EVOLVING.** It looks different from other moles or is changing in size, shape or color.

Be sure to talk to your doctor right away if you think you have a suspiciouslooking mole.

Sources: American Academy of Dermatology; National



#### SKIN CANCER

## **ALWAYS PLAY DEFENSE**

Protect your skin from the sun

Being outdoors is often a choice and at other times a necessity, whether you're enjoying a walk in the neighborhood or doing yard work.

If you spend time outside, consider this a must-do: Defend yourself against the sun's dangerous rays.

Skin cancer is the most common type of cancer. But the good news is that there are simple things you can do to help prevent skin cancer or detect it early enough so that it can be effectively treated.

To help protect your skin, the American Academy of Dermatology and other experts advise that you:

- Make sunscreen a habit. Choose a broad-spectrum one with a sun protection factor (SPF) of 30 or higher. Apply it generously and often.
- Try to seek shade between 10 a.m. and 4 p.m., when

the sun's rays are strongest.

- Avoid tanning beds and deliberately tanning.
- Wear wide-brimmed hats, long-sleeved shirts, pants and sunglasses when outdoors.
- Report any suspicious or problem spots to your doctor.Ask your doctor how often you should have a skin

By taking these steps, you can enjoy the outdoors and lower your risk of getting skin cancer.

Skin cancer is most treatable when it is found early. To make an appointment to have your skin checked, call 793-9780.



NEW TECHNOLOGY: Margie Milbrandt, RRT, director of respiratory care, shows members of Samaritan's senior leader team the enhanced capability of 1 of 8 new wireless EKG machines integrated within Samaritan's network and electronic medical record system.

## MAKING IT EASIER FOR YOU

Samaritan streamlines the EKG process

**ELECTROCARDIOGRAMS (EKGS) ARE** one of the world's most widely prescribed diagnostic cardiology tests. The average number of EKGs done at Samaritan Hospital is 4,800 a year! We needed to make the EKG process smoother to better care for our patients, so we've streamlined the process.

On Jan. 20, 2015, Samaritan launched a new electronic management system at the hospital, utilizing new EKG machines. Our machines, Philips TC70s, have been interfaced and integrated with the Philips IntelliSpace (IECG), Nuvodia and Meditech (our electronic medical records).

What does this mean? IECG will allow us to use the latest networking technology so that when an EKG is performed, the preliminary report and EKG are immediately available for viewing in the patient's chart by the nurses, physicians and ancillary staff. Cardiologists and other qualified physicians who interpret EKGs will be able to access them and provide a final report from anywhere they are working. When the EKG has been confirmed, a final report is created that immediately replaces the preliminary report in the patient's chart.

This new process streamlines and provides efficiency throughout the entire patient's hospital visit, from the downloading of the EKG orders directly to the EKG cart, to the preliminary and final EKG reports transmitted directly to the chart. And the complete EKG records are available for the medical records department at discharge.

Samaritan Healthcare—including Samaritan Clinic, Urgent Care and Parkview Pediatrics—is moving to a fully integrated medical records system. In the near future, IECG will allow for fast, easy access to EKGs from almost anywhere, at any time, enhancing our workflow through seamless connectivity.

When an EKG is performed



Results are immediately available to nurses and physicians in the chart.







Cardiologists/qualified physicians are able to interpret and provide a final report from wherever they may be working.

When the EKG is confirmed, the preliminary report is replaced with the final report in the patient's chart.



## PROBLEMS BREATHING?

Don't ignore symptoms if you're frequently short of breath

**DASHING UP THE** stairs or sprinting for the bus can leave many of us out of breath. But most daily activities or chores shouldn't leave you feeling winded. Unusual shortness of breath could be a sign of a medical problem.

What's the cause? Along with other factors, shortness of breath may stem from:

**Infections.** These can include bronchitis and pneumonia.

**Lung diseases.** These include asthma and chronic obstructive pulmonary disease (COPD). They narrow the airways and make it difficult to get air in and out of the lungs. Symptoms may include wheezing and shortness of breath. People with asthma also usually have allergies. COPD can result from smoking.

**Anxiety.** Feeling stressed out and anxious can bring on a panic attack. You may feel short of breath or breathe too fast. Usually you feel better once you calm down.

**Cancer.** People who smoke are at risk for lung cancer, which can result in shortness of breath.

**Heart failure.** This is a condition where the heart doesn't pump efficiently. It may be harder to breathe when you're lying down or when you're active. Other common symptoms include swelling in the ankles and unusual tiredness.

## Check with your doctor if you are frequently short of breath.

**GETTING A DIAGNOSIS** Tell your physician if you notice anything odd about your breathing.

Doctors may check out breathing problems with chest x-rays, breathing tests or other examinations. Sometimes, exercise tests on a treadmill or bike are used to check breathing and heart function.

Treatment depends on the cause of the problem. For example, asthma and heart failure are treated with medications, among other treatments. You might receive an antibiotic if an infection is the cause.

Always call 911 if you have chest pain with shortness of breath. This could be a sign of heart attack. The faster you get help, the better your chances for recovery.

Sources: American College of Chest Physicians; American Heart Association



THE SAMARITAN SPRING 2015

### MARITAN HEALTH NEWS, VIEWS & TIPS



## Why our nurses are the best

What do almost all of our patients recall about their experiences at our hospital—whether they were here for a routine screening test, a complex surgery or even the birth of a baby?

Three words: our exceptional nurses.

Every one of them is a highly skilled professional trained to carefully assess a patient's health and immediately notice and respond to the most subtle changes in that person's condition.

Many are registered nurses with four years of college preparation. But

others have earned graduate degrees. These include our nurse practitioners, who can prescribe medications and treat common diseases. And it also includes our certified nursemidwives, who help deliver babies.

Still, what really distinguishes our nurses is their compassion. Our nurses truly care about every patient they encounter. They are a patient's best

advocate. When you're a patient at our hospital, our nurses will make every member of your health care team aware of your unique needs.

In short, our nurses will consider your lifestyle, family situation and state of mind when you trust us with your health. They will care for you as a whole person—as someone with both physical and emotional concerns.

#### OLDER DRIVERS

## Stay safe on the road

Growing older doesn't necessarily make you a bad driver. As an older driver, you probably have decades of experience behind the wheel. And compared with younger drivers, you're less likely to take risks like drinking and driving.

Even so, some of the changes that accompany aging—such as a slower reaction time or declining vision—may affect your ability to drive safely.

However, you may be able to compensate for these changes. For example:

- **1** Are you losing flexibility or strength? Is it becoming harder to turn your head and look over your shoulder when you change lanes? Then:
- Ask your doctor about physical therapy or stretching exercises to improve flexibility.
- If possible, drive a car with an automatic transmission, power steering, power brakes and large mirrors.
- Reduce your driver's side blind spot by adjusting the mirrors.
- 2 Is your vision changing? Is it difficult to read signs or handle glare at night? Then:
- Always wear your glasses, and be sure your prescription is current.
- Cut back on night driving.

moving highways.

- Have your eyes examined every year or two if you're 65 or older.
- **3** Are your reactions slower? Is it a challenge to respond quickly to other cars? Then:
- Leave more space between your car and the one in front of you.
- Begin braking early before stopping. Drive in the right-hand lane on fast-

Check in for a checkup There's no set age when it's no longer safe to drive. However, if people you trust have expressed any concerns about your driving, take their remarks seriously and get feedback from your primary care doctor.

Sources: National Highway Traffic Safety Administration; National Institute on Aging



#### OSTEOARTHRITIS

## Less pain, more relief

Tips for making your joints feel better

earning that you have osteoarthritis settled one important question: Now you know the reason for your sore, stiff joints. But the diagnosis likely raised another key concern for you: How to get along with arthritis—and even thrive—despite your aches and pains.

That's often easier to accomplish when you make a plan for managing your symptoms. For starters, you might ask your doctor about:

Medication. Many types of medicines are available to help with arthritis pain and inflammation. These include over-the-counter pain relievers, such as acetaminophen for pain and nonsteroidal anti-inflammatory drugs (NSAIDs) for pain and swelling. Stronger NSAIDs are also available as prescription pills or skin creams.

**Exercise.** Just because you have arthritis doesn't mean you can't be active. In fact, with a regular dose of moderate activity—for instance, walking, swimming or cycling—your joints may actually move better and hurt less.

Weight control. Do you have a few pounds to shed? Excess weight puts extra stress on load-bearing hips and knees. The good news? Even a modest reduction may lessen the strain and pain. Ask your doctor what's a healthy weight for you.

Heat and cold therapy. To help lessen pain and stiffness, you may want to try applying either a heating pad or a continuous heat wrap or a cold pack to your sore joints. Taking warm showers or baths may also help.

Sources: Arthritis Foundation; American Academy of Orthopaedic Surgeons



#### BLOOD PRESSURE

## 4 facts to know

Here's a new twist on an old phrase: What you know can hurt you—especially if all you know about blood pressure are some common myths.

You'll either get high blood pressure or you won't—there's nothing you can do about it.

Factors beyond your control can increase your risk for high

blood pressure. For instance, your risk goes up as you age or if close relatives also have the condition. But good lifestyle choices such as maintaining a healthy weight, exercising regularly and reducing sodium intake—can help lower your chances of getting high blood pressure.

Myth You don't get high blood pressure until at least middle age.

Anyone can have high blood pressure. So it's important to

get your blood pressure checked regularly. If you feel good, you don't

have high blood pressure. High blood pressure rarely

causes symptoms. You can have it and feel fine, even as it's raising your risk for problems such as heart at-

### Myth If your high blood pressure improves your tack and stroke

High blood pressure is often a lifelong disease. Even if readings return to a normal range, it's important that you follow your doctor's treatment advice.

Sources: American Heart Association; Centers for Disease Control and Prevention; National Institutes of Health

## WWW.SAMARITANHEALTHCARE.COM



## FIRST BABY OF 2015

**SAMARITAN HEALTHCARE WOULD** like to congratulate the first baby of 2015! Don Christopher Herreid was born to Tawni Jahns and Don Christopher Terrell at Samaritan Hospital on Jan. 1 at 1:38 a.m. He weighed 8 pounds, 4 ounces and was 20.75 inches long. He is pictured with his mother and father.

Many thanks to our health care partners and these

generous local businesses who donated gifts to the family of Samaritan's first baby of the new year: Samaritan Healthcare. Confluence Health. Moses Lake Community Health Center. Columbia Basin Herald. Domino's Pizza. Home Depot. Leprekon Foods. Pizza Hut. Safeway. Sue's Gift Boutique. Well Wishes Gift Shop.

## Welcome back to Moses Lake, Dr. Rasmussen!

Ryan Rasmussen, MD, MBA, will join Samaritan Obstetrics/ Gynecology on July 1, 2015. He will be arriving at Samaritan after completing his residency at Northeast Ohio College of Medicine/Aultman Hospital in Canton, Ohio. Dr. Rasmussen obtained his bachelor of science degree in biology from Washington State University, his medical degree from the University of Medicine and Health Sciences, St. Kitts, New York City, and his master of business administration degree from Davenport University, Grand Rapids, Michigan.

A Moses Lake native, Dr. Rasmussen and his wife are glad to return to Moses Lake to raise their four children and be closer to family and friends. He is thrilled to be able to offer his medical and surgical services at Samaritan Healthcare.

When asked what positive outcomes he would like to see for his patients, Dr. Rasmussen says: "From every aspect involving obstetrics and gynecology, my patients can expect up-to-date, individualized care from a local physician who plans on residing in Moses Lake for many years to come. Evidence-based medicine and health care innovation are what drives my practice, which leads to improved patient care and the opportunity to form long-lasting positive and dependable relationships with my patients." His special interests in his field include obstetrics, high-risk obstetrics, infertility, gynecologic surgery, pelvic reconstructive surgery, women's health and health care innovation.

In his spare time, Dr. Rasmussen spends time with his family and friends. He enjoys the outdoors, Washington State University sporting events and coaching his son's soccer team.

Please help us welcome Dr. Rasmussen and his family back to Moses Lake and to Samaritan Healthcare. To

schedule an appointment with Dr. Rasmussen, please call Samaritan Obstetrics/Gynecology at **793-9786**.

## WHY DONORS' DOLLARS MATTER

**SAMARITAN HEALTHCARE FOUNDATION** achieved one of its 2014 goals by raising the funds to purchase four new General Electric (GE) Healthcare Panda Warmers for the Mother/Baby Unit at Samaritan Hospital in Moses Lake. The project cost \$81,965, including state sales tax and shipping.

You may be asking, "When did we start delivering pandas at Samaritan Hospital?" Actually, these are infant warmers for new babies born at the hospital. The new infant warmers replace outdated warmers that were difficult to maintain. You may be interested to learn that 1,025 babies were delivered at Samaritan Hospital in 2014!

The Panda Warmers help keep babies healthy. The recessed heater design lets staff see and access infants, keeping babies warm and content while keeping staff cool and comfortable. The integrated in-bed scale makes weighing every baby quick and easy. Integrated SPO2 and resuscitation systems allow staff to access everything



needed to deliver resuscitation therapy to high-risk newborns in case things don't go as planned.

Project funding for the GE Healthcare Panda Warmers Equipment Fund included:

- \$39,838 from the A.Z. Wells Foundation.
- \$19,707 from the Samaritan Healthcare Desert Golf Classic.
- \$7,600 from Brotherton Seed Company.

Healthcare **Foundation Board and Katie** Bussard, RN, CNM, MSN, Mother/Baby Unit director, pose with one of four new **General Electric** Healthcare **Panda Warmers** purchased by the foundation for the Mother/ Baby Unit.

Members of the Samaritan

- \$3,000 from Akzo Nobel (Eka Chemical).
- \$3,000 from Jack and Kay Hendrix.
- \$2,835 from employees of Samaritan Healthcare.
- \$2,500 from Columbia Basin Foundation.
- \$3,485 in other support.

Samaritan Healthcare Foundation deeply values the support provided by our donors to help Samaritan Hospital provide the best-quality care for our patients.

## WWW.SAMARITANHEALTHCARE.COM

## **A VISION** BEYOND

ALL OF US at Samaritan Healthcare are excited to introduce our new mission and vision to our patients and community. These promises reflect our commitment to serving our community, whether that's through surgery or health care information. Here's what some of our senior leaders have to say about this new move:

Our new vision and mission statements challenge us to meet the needs of the community—to keep them healthy and thus avoid hospitalization and to encourage us to treat our customers who need to be hospitalized in a kind, caring and effective manner."

—Jim Irwin, MD, chief medical officer

Our new mission statement helps us to focus on the people we serve. It also demonstrates that it takes all of us involved with Samaritan Healthcare to provide great care and that it is an honor and privilege to meet the health care needs of our community. Our new vision statement reminds us that we are more than the four walls of our hospital and clinics, and we are a health care community engaged in improving the health of our community."

—Tom Legel, MBA, chief financial officer

We deliver quality care every time and practice continuous quality improvement. We collaborate to improve the care



experience. At Samaritan, we are family. At Samaritan, we care."

—Becky DeMers, RN, chief quality officer

I am very excited about our new mission statement, in particular, as it was born out of our patient- and family-centered care team two years ago. As the team worked to create a vision for patient- and family-centered care, the definitions and aspirations that were discussed brought about this vision, which is now appropriately organization-wide. Our mission is to provide consistent, compassionate care throughout the facility; be better than the competition; and have everyone on the same team heading toward positive care and always asking 'How does this serve our patients and their families?'

"Our vision, 'Together, inspiring healthy

communities, is a statement that our health care transcends beyond the walls of our hospital and clinic. We are part of this community and here to serve together with the community to complete our mission: 'All of us, for each of you, every time." -Kathryn Trumbull, RN, chief nursing officer

The statement 'All of us, for each of you, every time' is so important. It encompasses our need to be there for our patients, for our community and for each other. It makes every interaction, every communication and every moment an opportunity to make a difference in the life of another person. That opportunity may be with a patient, a family member, a co-worker, a community member or even a vendor, but whoever it is allows me to

demonstrate personal care while doing my work. It says, 'I'm here for you, and we are here for you.' To me, that is an inspirational battle cry to always do our best."

-Theresa Sullivan, MBA, FACHE, chief operating officer

The new statements resonate more directly with me because we are so much more than a hospital or a clinic taking care of patients. We are a large employer and a community-wide role model for health. The phrase 'each of you' can extend beyond the patient to family members as well as to internal customers. This is the first time a mission and vision statement have encompassed everyone directly, not just patient care and employees."

—Lisa McDaniel, SPHR, SHRM-SCP, chief human resources officer

#### SAMARITAN CLINIC

1550 S. Pioneer Way Moses Lake, WA

FAMILY MEDICINE - 793-9780 Kevin Smith, MD Craig Talbot, MD Andrea Carter, MD Morgan Fife, MD Hollie Matthews, MD Jodi O'Shea, PA-C

Eric Aronsohn, PA-C GENERAL SURGERY - 793-9785 **David Murray, MD** Rodney Grolman, MD

PARKVIEW PEDIATRIC CLINIC 615 S. Division Moses Lake, WA

**PEDIATRICS - 766-9450** 

Jill A Dudik-Bross, MD, FAAP Karl C Kubo, MD Lisa McCurley, MSN, ARNP, FNP-C

**OB/GYN - 793-9786** 

**Brian Truong, MD** Ryan Rasmussen, MD, MBA Flora Ogden, ARNP, CNM Kristen Ziegler, ARNP, CNM

**ORTHOPEDICS - 793-9789** Corbin Moberg, PA-C

PODIATRY - 793-9783 **Daren Vernon, DPM** 

**URGENT CARE - 793-9790** Kathleen Holloway, PA-C

John Loudon, PA-C **Jackie Britton, ARNP** 





THE SAMARITAN is published as a community service for the friends and patrons of SAMARITAN HEALTHCARE, 801 E. Wheeler Road, Moses Lake, WA 98837, telephone 509-765-5606, www.samaritanhealthcare.com.

**Connie Opheikens** Marketing/Community Relations Director

Information in THE SAMARITAN comes from a wide range of medical experts. If you have any concerns or questions about specific content that may affect your health, please contact your health care provider. Models may be used in photos and illustrations.

Copyright © 2015 Coffey Communications HST31271

